



Freshly Cooked, Nutritious And Tasty Delivered Meals

Meals can be eaten fresh or can be placed in your freezer

Last Orders 12 Noon Tuesdays

Why not set up a standing order

Meals Options	Single	2 Portions	Family 4/6
Beef Lasagne* (1,3,7) Fresh steak mince cooked in a rich tomato sauce with smoked bacon and basil	€6.00	€12	€20
Chicken And Broccoli Pasta Bake* (1,3,7,9) Succulent chicken breast in a white wine creamy sauce topped with a lemon and herb crumb	€6.50	€13	€22
Butter Chicken* (7) Indian mild tomato curry	€7.50	€15	€30
Chicken, Lardons And Mushrooms In A Velouté Sauce* (7,9,12) Charred chicken breasts with a rich white wine sauce	€8.00	€16	€30
Cottage Pie* (7,9,10) Braised beef mince in a rich sauce topped with creamy mash potato	€7.00	€14	€25
Chicken And Chorizo* (9,12) Charred Chicken Breast in a rich tomato and basil sauce with grilled chorizo	€8.00	€16	€30
Moroccan Lamb* (9) Braised lamb in a north African spiced tomato sauce	€7.50	€15	€30
Turkey And Mozzarella Meatballs * (7,9) Tasty Turkey Meatballs in a tomato and basil sauce	€7.00	€14	€25

Salad Boxes €7 pp - 4 days shelf life not suitable for home freezing

Individual boxed salads perfect for the office or at home

Indian Chicken Couscous - With Peppers, Apricots And Toasted Almonds Served With Mango Lime Dressing(1,7,8)

Miso Baked Salmon - With Peanut Noodles And Peppers Served With Sweet Chilli And Ginger Dressing(1,3,4,5)

Cajun Chicken - Orzo Pasta With Sun-Dried Tomatoes, Mediterranean Vegetables And Pine Nuts With Lemon Aioli (1,3,7,8,10)

Charred Moroccan Chicken - Quinoa Salad With Sweet Potatoes, Courgettes And Harissa Mayo (3,7,10)

Our Allergens List Is As Follows

1.Gluten 2.Crustaceans 3.Egg 4.Fish 5.Peanut 6.Soybean 7.Milk 8.Tree Nuts 9.Celery 10.Mustard 11.Sesame Seeds 12.Sulphur Dioxide & Sulphites 13.Lupin 14.Molluscs

*** is suitable for home freezing**

How it works

As always we will be using strict hygiene methods and will be using extra care during the Covid 19 period using the practices laid down by the HSE

Minimum orders €35 plus €5 delivery. Orders over €60 or more delivery is free to Limerick city and suburbs area. Instructions on how to heat or freeze will be emailed to you.

Orders can only be placed through email info@georgecaseycatering.com. Please feel free to call on 0874344315 if you have any questions

At the moment deliveries are on Thursday.

Last orders on Tuesdays 12pm

We will arrange a time slot when we deliver and will leave your tasty and nutritious home cooked meals at your door.

You can pay by bank transfer or in cash by leaving it in an envelope on your door step